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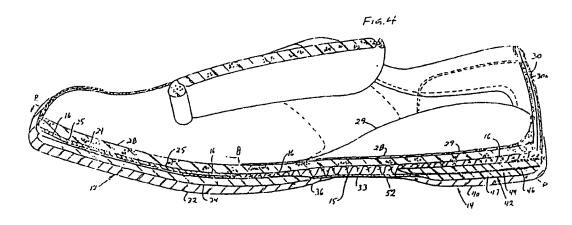
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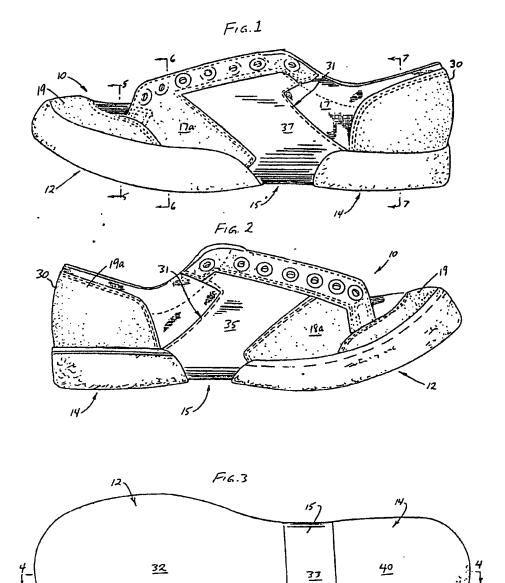
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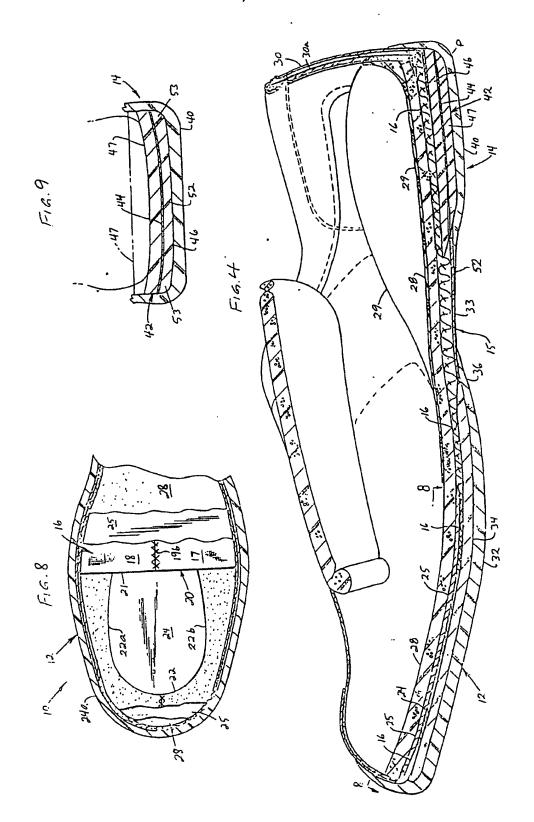
Selected US specifications from IPC sub-class A43B

(54) Athletic type shoe for tennls and other court games

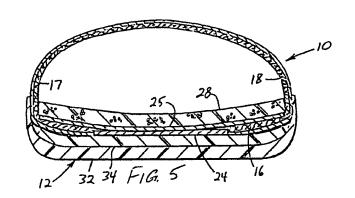
(57) In an athletic type court games shoe the rear sole unit 14 has a resilient, shock-absorbing midsole 42, comprising two layers 46, 47 of compressible foamed polymeric material with a heel plate 44 extending throughout the interface between the layers.

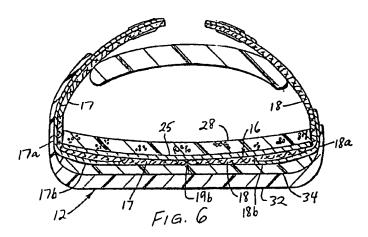


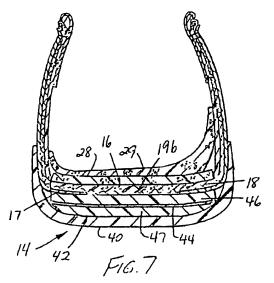












SPECIFICATION

Athletic type shoe for tennis and other court games

The present invention relates to athletic shoes of 5 the type which are especially designed for tennis and other court games involving similar footwork.

In this specification (including the claims) the term "rearfoot" is used to identify the heel portion of the foot containing the heel bone (the calcaneus) and 10 the talus, the term "forefoot" is used to identify the portion of the foot containing the metatarsals and the phalanges (the toes), and the term "midfoot" is used to identify the foot portion lying between the forefoot and rearfoot as defined above. The midfoot 15 therefore lies rearwardly of the proximal facets of the metatarsals and forwardly of the calcaneus and contains the cuboid, the navicular and the cuneiforms.

A conventional present day tennis shoe is 20 typically constructed with a thick outsole/midsole unit of moulded rubber and/or foamed polymer material, which extends throughout the full length of the shoe for cushioning the foot and protecting it against impacts. In addition, the midsole unit 25 usually embodies a cushioning heel wedge extending along the midfoot and rearfoot regions. The heel wedge provides the heel lift which is desired for running.

Because of its thick cushioning, the foregoing sole 30 construction amply meets the wearer's comfort requirements. However, this construction has now been found to have certain significant drawbacks for playing tennis and other court games involving similar footwork.

35 First of all, the foregoing sole construction abnormally restricts the natural foot motions required to perform various tennis manoeuvers which involve more than just straight ahead running. For example, the tennis player frequently 40 springs or crouches on the balls or toes of his feet, makes abrupt stops after pushing off and sprinting short distances, pivots or turns sharply on the ball of one foot or the other, skips or runs sideways, and makes abrupt changes in direction of movement.

these manoeuvers is hampered by the foregoing sole construction mainly because it stiffens the shoe significantly in the midfoot region to inhibit the extent to which the forefoot and rearfoot can act 50 independently of each other.

Additional problems arise from the fact that the foregoing sole construction places the foot at a significant height (usually one inch or more at the heel) above the ground surface. For example, the 55 higher the foot is above the ground the more difficult it is for the player to balance himself and to maintain his stability in executing the tennis manoeuvers mentioned above. Furthermore, the forces acting on the foot and also the force 60 moments about the foot joints are increased as the height of the foot above the ground is increased.

In addition, the likelihood of jamming or twisting the foot during a stopping manoeuver is increased as the height of the foot above the ground is 65 increased, especially with shoe constructions

having sharp outsole edges. If the forces are applied to the foot joint before full foot support is attained in a stopping manoeuver, unnatural conditions tend to arise and may lead to injuries. For example, upon 70 stopping a lateral motion, the outer edge of the shoe may catch on the court, causing the shoe to roll over, thereby increasing the likelihood of ankle sprains. In stopping a forward motion, a high heel, especially one having relatively sharp edges, tends 75 to catch on the court surface to increase the impact of the forefoot on the court surface. Finally, increasing the height of the heel above the ground increases the angle through which the wearer must lean in a forward direction to lift the heel and to lock 80 the midfoot for propelling himself. If the player attempts to pivot while his heel is down on the ground, the resulting heel traction causes the foot to lock up and to apply an objectionable torque to the knee.

85 Aside from the thickly cushioned sole construction described above, other shoe parts contribute to the restriction of natural foot movements. For example, medial longitudinal arch supports and lateral edges tend to increase the 90 stiffness of the shoe in the midfoot region.

In addressing the foregoing problems, it was recognized that the natural foot motion required for tennis and other court games are best achieved with bare feet without introducing any artificial 95 constraints on the foot motions and without elevating the foot above ground level. Therefore, the optimum solution to the foregoing problems is to eliminate the shoe altogether and to play barefooted. However, the obvious drawback to such 100 a solution is that playing barefooted on hard court surfaces for any prolonged period of time is uncomfortable and hard on the feet.

With the foregoing in mind, the general aim and purpose of this invention is to provide a novel and 105 improved tennis or court shoe which places the foot as low to the ground as possible and which allows the foot to function in virtually its natural, unrestrained barefooted manner while maintaining sufficient cushioning to satisfy the wearer's comfort 45 The wide variety of foot motions required to execute 110 requirements and to protect the foot against impacts.

> In carrying out the invention, the tennis shoe shown in the accompanying drawings is constructed with spaced apart forefoot and rearfoot 115 sole units which are coupled together only through a soleless, pliable, sliplasted midfoot portion of the upper. The upper's sliplasted midfoot portion thus defines a highly flexible, soleless, universal coupling between the two sole units to allow virtually unrestrained relative motion between the wearer's heel and forefoot. The heel and forefoot are therefore free to act independently of each other in a natural, barefooted manner.

> The tennis shoe of this invention is also devoid of 125 any longitudinal medial arch support. The arch support throws the body weight towards the shoe's lateral border, making the shoe more comfortable for walking and standing, but causing the midfoot to supinate and unlock. This condition is undesirable 130 for tennis.

In the present invention, both the forefoot and rearfoot sole units are provided with relatively thin midsoles which are formed from a suitable, shockabsorbing foamed polymeric material to cushion the 5 foot and to protect it against impacts. The shockabsorbing midsole in the heel sole unit is preferably of uniform thickness and incorporates a special stiffening plate which allows the midsole thickness to be reduced by a significant extent without noticeably 10 reducing the degree of cushioning and shockabsorption afforded by the midsole. The reduced sole thickness thus places the wearer's heel very close to the ground at about the same level as the forefoot so that the wearer has the feeling of being as 15 flat-footed as he would if he were barefooted. The reduced height of the heel above the ground in turn reduces the impacts on the forefoot, thus allowing a reduction in the thickness of the shock-absorbing midsole in the forefoot sole unit without creating 20 discomfort.

The stiplasted tennis shoe of this invention advantageously includes a forefoot board which lies just in the forefoot region. By more uniformly distributing the load acting on the midsole in the forefoot region, the forefoot board permits a further reduction in the forefoot midsole thickness without diminishing the cushioning and shock-absorbing properties of the shoe.

The forefoot board performs the additional
30 function of resisting the tendency of the shoe to
deform into an oval configuration where the shoe
bottom curls up to reduce the shoe's resistance to
foot roll. In resisting such deformation, the forefoot
board maintains a flattened shoe bottom which
35 affords greater resistance to foot roll and which
thereby assists the wearer in maintaining his balance
while executing the various tennis manoeuvers
mentioned above.

In addition to the foregoing, the edges of the
40 forefoot and rearfoot outsoles are smoothly rounded to avoid the previously mentioned problems arising from sharp edged outsoles.

The upper is formed from pliable, highly flexible materials and has a soft, pliable form-fitting heel cup 45 which is devoid of any stiff heel counter for a better fit. The upper is also formed with a pliable wraparound saddle which extends along the sides and all the way around the bottom of the soleless midfoot region between the forefoot and rearfoot sole units.

50 When the shoe is laced up, the saddle provides a secure girth-like grip around the foot just in the midfoot region without constraining the natural

motions of the different parts of the foot.

By placing the foot as low to the ground as possible and by removing all significant shoe-imposed constraints on the foot, the foot is capable of acting in a natural barefooted manner to make it easier for the player to execute the various tennis manoeuvers on the court. Furthermore, by eliminating the heel wedge and placing the forefoot and rearfoot at approximately the same low level, the player is induced to assume a correct tennis posture where he is up on the balls of his feet to address the ball. In addition, the shoe of this invention is lighter than the typical present day tennis shoe.

The invention may be put into practice in various ways and one specific embodiment will be described to illustrate the invention with reference to the accompanying drawings in which:

70 Figure 1 is a side elevation as viewed from the medial side of the shoe of a right foot tennis shoe incorporating the principles of this invention;

Figure 2 is a side elevation as viewed from the lateral side of the shoe of the shoe shown in Figure 1; Figure 3 is a bottom plan view of the shoe shown in

Figure 3 is a bottom plan view of the shoe snow Figures 1 and 2;

Figure 4 is a longitudinal section taken along the line 4—4 of Figure 3;

Figure 5 is a transverse section taken along the line 80 5—5 of Figure 1;

Figure 6 is another transverse section taken along the line 6—6 of Figure 1;

Figure 7 is yet another transverse section taken along the line 7—7 of Figure 1;

5 Figure 8 is a section taken along the line 8—8 of Figure 4; and

Figure 9 is a section similar to Figure 7, but showing the rearfoot midsole unit in its loaded, deformed state.

Referring to the drawings and particularly to Figures 1 to 4, the tennis shoe of the present invention mainly comprises a flexible upper 10 and separate, spaced apart forefoot and rearfoot sole units 12 and 14. As best shown in Figure 3, the tennis shoe is soleless in the midfoot region which lies between sole units 12 and 14. The soleless midfoot region provides a highly flexible, universal coupling 15 which couples the sole units 12 and 14 together in a manner to be described in detail later on.

The upper 10 is formed from any suitable, pliable materials and is of the sliplasted type which extends completely around the wearer's foot like a slipper to form a closed bottom 16 underlying the foot. In the illustrated embodiment, for example, the upper 10 comprises a pair of fabric panels 17 and 18, a pair of leather panels 17a and 18a, a leather toe cap 19 and leather foxing 19a. As shown, the panels 17 and 18 may be a laminated construction having inner and outer fabric layers separated by a soft intermediate
sponge layer.

As shown in Figures 6 to 8, the fabric panels 17 and 18 are sewn together along the bottom 16 of the upper as indicated at 19b in Figures 6 to 8. The panels 17 and 18 define the main layer of the bottom 16 and extend upwardly from the bottom to define the opposite sides of the upper. The panels 17a and 18a, the toe cap 19 and the foxing 19a lie exteriorly of the fabric panels 17 and 18 and are sewn or otherwise suitably attached to the panels 17 and 18.

The leather panels 17a and 18a extend along

The leather panels 17a and 18a extend along opposite sides of the upper 10 and have bottom portions 17b and 18b (see Figure 6) underlying the bottom portions of the fabric panels 17 and 18. The toe cap 19 and the foxing 19a also have bottom
 portions underlying the bottom portions of the fabric panels 17 and 18 as shown in Figures 4 and 7. From this description it will be appreciated that the bottom 16 of the upper is formed by the bottom portions of the panels 17 and 18 and the underlying bottom

130 portions of the panels 17a and 18a, the toe cap 19 and

the foxing 19a. It is understood, however, that the bottom and other parts of the upper 10 may be of any suitable construction.

As best shown in Figures 4 and 8, the bottom 16 is 5 cut away just in the forefoot region to define a single opening 20 in the toe region. The opening 20 is delimited by a straight rear edge 21, a curved front edge 22 and generally parallel side edges 22a and 22b. A thin, stiff, flat-sided toe plate 24 is interfittingly positioned in the opening 20 to fill the opening. The upper 10 is therefore completely closed along its bottom. The toe plate 24 underlies the wearer's three middle toes forwardly of the metatarsal heads.

A flat-sided forefoot insole board 25 is disposed in
15 the upper 10 and overlies the toe plate 24 and part of
the bottom 16. An insole board 25 spans the interior
width of the upper in the forefoot region and extends
from the toe end of the upper 10 to the region just
rearwardly of the metatarsal heads of the wearer's
20 foot. By this construction, the board 25 underlies part
of the wearer's forefoot, but terminates forwardly of
the midfoot so that it does not impair the flexibility of
the midfoot coupling 15. The board 25 overlies the
portion of the bottom 16 lying between the toe plate
25 24 and the toe end of the upper 10. In addition, the
board 25 overlaps the portion of the bottom 16 lying
just rearwardly of the toe plate 24 under the ball of
the wearer's foot.

The toe plate 24 and the insole board 25 may each
30 be formed from a suitable, non-resilient,
substantially incompressible fibreboard. The
thicknesses of the plate 24 and the board 25 are about
equal, each being less than about 0.062 inches (1.57
mms).

35 A soft, pliable sponge sockliner 28 is disposed in the upper 10 and extends the full length of the upper. The shoe may optionally include a soft, pliable heel pad 29 (see Figure 4) in the rearfoot region. In the illustrated embodiment, the heel pad 29 overlies the 40 sockliner 28. Alternatively, the heel pad 29 may lie between the sockliner 28 and the bottom 16 in the rearfoot region of the shoe.

As shown in Figure 4, the sockliner 28 overlies and is adhered to the board 25 and the portion of the bottom 16 lying rearwardly of the board 25. The board 25, in turn, is adhered to the opposing surfaces of the toe plate 24 and the bottom portions of the panels 17 and 18. The board 25 is therefore sandwiched between the sockliner 28 on one side and the toe plate 24 and the bottom 16 on the other side.

Hard, hot melt glue is used to adhere the board 25 throughout the bottom portions of the panels 17 and 18 lying forwardly of the rearward edge of the toe plate 24. Upon solidifying, the hot melt glue forms a stiff, thin, continuous layer 24a lying at least approximately in a plane containing the toe plate 24 and covering the entire fabric bottom area lying forwardly of the edge 21 of the opening 20. The plate 60 24 and the layer 24a therefore cooperate to define a continuous, stiff, flat-sided layer or plate structure underlying the board 25 and covering the entire forefoot bottom area of the upper from the toe end of the upper 10 back to a vertical, transverse plane 65 containing the edge 21 of the opening 20.

The layer 24a is the only region of the shoe in which hard hot melt glue is used. All other shoe parts requiring gluing are adhered to adjacent surfaces by a suitable non-stiffening glue or adhesive (such as an 70 elastomeric or rubber-based glue) which remains flexible in its final adhesive state so as not to impair the flexibility of different parts of the shoe.

It will be noted that the shoe is devoid of any longitudinal medial arch support. The upwardly 75 facing foot-supporting surface of the sockliner 28 is therefore generally flat and lies close to the ground throughout the region underlying the wearer's arches.

As shown in Figures 1, 2 and 4, the upper 10 is formed with a soft, pliable heel cup 30 which is devoid of a functional heel counter or any other similar heel constraining device. The heel cup 30 is formed from soft, pliable layers which do not constrain the natural movement of the wearer's heel.

85 The heel cup 30 is smoothly contoured to comfortably fit the wearer's heel. The heel cup 30 may include a narrow stiffening finger 30a (see Figure 4) having a width of about 3/4 inches (1.9 cms) and extending just along the back of the heel to keep 90 the back of the heel cup 30 from sagging. It will be appreciated that the stiffening finger 30a is used only for cosmetic purposes.

As shown in Figures 1 to 4, the upper 10 is provided with an exterior, one-piece, wrap-around saddle 31 95 having a bottom portion 33 and side portions 35 and 37. The bottom portion 33 underlies and is adhered or sewn to the bottom portions of the panels 17 and 18 in the shoe's midfoot region. By this construction, the bottom portion 33 of the saddle forms an exterior 100 layer of the bottom 16 in the midfoot region and bridges the sole units 12 and 14. The flexible midfoot portion of the bottom 16, which contains the bottom portion 33 of the saddle and which interconnects the sole units 12 and 14, is soleless to define the unsoled 105 flexible coupling 15 between the sole units 12 and 14. The side portions 35 and 37 of the saddle extend along opposite sides of the shoe, terminate at their upper ends of the shoe eye stay portions and are stitched or otherwise fixed to the panels 17 and 18, 110 respectively. The saddle 31 is formed from any suitable flexible material such as vinyl or leather.

As best shown in Figure 4, the forefoot sole unit 12 underlies just the forefoot region below the bottom 16 and comprises a flexible, ground-engaging outsole 32 and a relatively thin, flexible, resilient midsole 34. The forefoot sole unit 12 is comparable to a half-sole and terminates at the interface between the wearer's forefoot and midfoot.

Still referring to Figure 4, the midsole 34 lies

120 between and is adhered to the outsole 32 and the composite of the bottom 16 and the toe plate 24. The midsole 34 extends rearwardly from the toe end of the shoe and terminates rearwardly of the board 25 at the interface between the forefoot and midfoot

125 regions.

The midsole 34 is formed from a suitable, shockabsorbing, foamed, closed cell polymeric material. Preferably, the midsole 34 is formed from ethylenevinyl acetate (EVA) having a low shear modulus to 130 enhance the shear property of the midsole. As shown in Figures 1 to 4, the outsole 32 extends upwardly along the front toe portion of the shoe and also upwardly along the lateral and medial sides of the shoe. All of the corners of the outsole 32 are 5 smoothly rounded to eliminate any sharp corner edges which would tend to catch on a court surface.

The rear edges of the outsole 32 and the midsole 34 are tapered to smoothly merge with the unsoled midfoot portion of the bottom 16. Except for these 10 tapered ends, the midsole 34 and the underlying portion of the outsole 32 are each of uniform thickness.

As shown in Figure 4, the taper at the rear end of the outsoles 32 forms a thin, flexible lip 36. The lip 36 extends a short distance beyond the midsole 34 and is adhered to the overlying forward end region of the saddle bottom 33.

The forefoot midsole 34 performs two major functions. Firstly, it cushions the wearer's forefoot 20 and absorbs shock due to impact of the foot on hard court surfaces. Secondly, because of its low shear modulus, it will shear in all directions in a plane parallel to the court surface, allowing relative horizontal movement in all directions between the outsole 32 and the board 25 and, hence, between the outsole 32 and the wearer's foot. The outsole 32 is therefore capable of moving relative to the board 25 and the sockliner 28. This built-in shearing action of the midsole 34 has two significant benefits.

30 Firstly, it reduces the extent of sliding on the court surface, which, in turn, reduces wear-producing abrasion to increase the functional life of the shoe. Secondly, the foot has less tendency to jam in the shoe especially when the wearer makes an abrupt 35 stop on the court surface.

The forefoot board 25 also performs a number of important functions. Without it, the soled, foot-supporting bottom of the shoe may curve or curl up in the forefoot region so that in cross-section the 40 shoe's forefoot portion assumes an unstable oval configuration which increases the likelihood of foot roll about the shoe's longitudinal axis. As a result, the wearer encounters difficulty in balancing himself while making the previously mentioned 45 tennis manoeuvers, especially those requiring the player to be upon the balls or toes of his feet.

In avoiding the foregoing problem, the forefoot board 25 opposes deformation of the shoe into the unstable oval configuration and is sufficiently stiff to 50 maintain the shoe's forefoot support portion flat or at least substantially flat in transverse cross-section throughout the full interior width of the shoe as seen, for example, in Figures 5 and 6. The board 25 thereby maintains a stable shoe configuration which resists foot roll to enhance the wearer's balance. Furthermore, by keeping the shoe's forefoot support portion flat or straight across its width, the wearer's toes are allowed to spread naturally within the limits imposed by the maximum width of the shoe, 60 making it easier for the wearer to balance himself when he is up on the balls or toes of his feet.

The forefoot board 25 also is sufficiently stiff to distribute the load of the wearer more uniformly throughout the midsole 34. This load distribution 65 enhances the cushioning and shock-absorbing

properties of the midsole and allows the thickness of the midsole 34 to be reduced by a significant extent without any significant trade-off in the cushioning and shock-absorbing properties of the 70 midsole. On the other hand, the board 25 is not so stiff as to make the shoe feel uncomfortably hard.

The toe plate 24 is stiffer than the board 25. It and the layer 24a reinforce the board 25 in the region underlying the wearer's toes to provide extra firmness which prevents the wearer's toes from digging into the midsole 34. The toe plate 24 and the layer 24a also provide additional protection to the entire forefoot during dragging of the foot and toe bumps. Instead of being brittle or rigid, the plate 24, 80 the layer 24a and the board 25 are each somewhat flexible transversely of the shoe's longitudinal axis.

The rearfoot sole unit 14 underlies just the wearer's rearfoot or heel below the bottom 16 and comprises a ground-engaging outsole 40, a resilient, shock-absorbing midsole 42, and a flat-sided heel plate 44. The midsole 42 is horizontally divided into upper and lower flat-sided layers 46 and 47 which are formed from closed-cell foamed EVA (ethylene vinyl acetate) or other suitable elastically 90 deformable shock-absorbing foamed closed-cell polymeric material. The outsoles 32 and 40 are formed from any suitable tough, elastically deformable wear-resistant material.

The heel plate 44 lies between and is adhered to the opposing flat surfaces of the midsole layers 46 and 47 so that the plate is confined in place between the two midsole layers. The midsole layer 46 is adhered to the bottom 16 of the upper, and the outsole 40 is adhered to the midsole layer 47. The midsole and heel plate unit (42, 44) is therefore sandwiched between the bottom 16 and the outsole 40.

The plate 44 extends throughout the interface between the layers 46 and 47 and is formed from 105 any suitable, substantially non-stretching stiff material. For example, it may be a stiff sheet formed from polyester resin and woven or chopped fibreglass in which the amount of fibreglass present is equal to approximately 25% by weight of the 110 sheet.

As shown in Figures 4 and 8, the outsole 40 extends upwardly along the back of the heel and also upwardly along the lateral and medial sides of the heel. The bottom corners of the outsole 40 lying 115 along both sides and at the rear of the heel are smoothly rounded to eliminate any sharp corner edges which would tend to catch on a court surface. The bottom corners of the midsole layer 47 may be squared so that when the midsole 42 is compressed 120 they deform to interfit with the rounded corners of the outsole 40.

As shown in Figure 4, the forward end portions of the midsole layers 46 and 47 and the heel plate 44 are tapered to smoothly merge with the coupling 15 which is defined by the unsoled midfoot region of the bottom 16. The outsole 40 also terminates at its forward end in a flexible tapered lip portion 52 which extends slightly beyond the midsole layer 47. The lip portion 52 underlies and is adhered to the 130 rearward end region of the bottom portion 33 of the

saddle. The lip portion 52 is very thin so that it does not impair the flexibility of the coupling 15. Except for the tapered end portion 52, the thickness of the outsole 40 underlying the midsole layer 47 is 5 substantially uniform. Except for its tapered end, each of the midsole layers 46 and 47 is also of uniform thickness.

Upon impact of the heel on the ground, the closed foam of the midsole 42 compresses to absorb the 10 impact energy. The configuration of the human heel is such that without the plate 44, the midsole's central region under the calcaneus will become highly compressed before the rest of the midsole begins to compress. Most of the energy will 15 therefore be absorbed in the midsole's central region, and very little energy will be absorbed in the rest of the midsole. Without the plate 44, a greater compressible midsole thickness is consequently required to absorb a given amount of energy as 20 compared with a condition where the midsole is uniformly compressed by the load. The non-uniform compression of the midsole also has the objectionable effect of causing the highly compressed midsole region to degrade more than 25 the rest of the midsole.

In this invention, the heel plate 44 is stiff enough to more uniformly distribute the heel load over the midsole 42 so that the midsole 42 will compress more uniformly upon impact. As a result, the plate 30 44 enables the thickness of the midsole 42 to be reduced to place the wearer's heel closer to the ground without diminishing the amount of energy absorbed by the midsole compression and, consequently, without causing discomfort due to on the midsole 42, the plate 44 also reduces the extent of localized degradation in the midsole

region under the calcaneus. In this invention, the heel plate 44 is somewhat 40 flexible so that upon impact, it will deflect under the heel load to conform to the configuration of the wearer's heel (see Figure 9) to make the shoe feel comfortable. If the plate 44 is made so stiff as to be unflexible, the midsole 42 would feel uncomfortably

cause the heel to bottom out on the heel plate. The desired stiffness of the plate 44 therefore lies between two extremes, one being where the plate is so stiff that it will not deflect to any appreciable 50 extent under the heel load, and the other being where the plate is so flexible that it approaches the condition which arises when the heel plate is removed.

Figure 9 shows the compression of the midsole 42 55 and the deflection of the plate 44 for a typical dynamic heel load. In this figure, the uncompressed configuration of the midsole 42 and the undeflected state of the plate 44 are shown in phantom lines.

Referring to Figure 9, the radius of curvature of 60 the plate 44 in its deflected condition is about 8.0 inches (20.3 cms) for a normal peak heel load of about 375 lbs (170.5 Kgs). Because of this deflection, the midsole 42 will deform to cup the wearer's heel for the wearer's comfort. Furthermore, the midsole 65 42 will be compressed throughout its entire width,

although the extent of compression in the central region 51 under the calcaneus is somewhat more than the midsole compression in the regions 53 adjacent to the side edges of the sole unit 14.

The desired stiffness of the plate 44 may be obtained by varying either the plate's thickness or the plate's modulus of elasticity, or both, within certain limits. Increasing the heel plate thickness and/or the modulus of elasticity obviously increases the stiffness of the plate 44. The same stiffness of the plate 44 can be achieved with different combinations of values for the plate thickness and modulus of elasticity. Thus, an increased heel plate thickness may be offset by decreasing the plate's modulus of elasticity, and an increased modulus of elasticity may be offset by decreasing the plate's thickness.

To provide the plate 44 with the desired stiffness, the heel plate's modulus of elasticity or bending 85 modulus, as it is also called, is required to lie in a range extending from about 500,000 psi () to) for a minimum plate about 10,000,000 psi (thickness of about 0.020 inches (0.5 mms). Decreasing either the plate thickness or the modulus 90 of elasticity below the foregoing minimum values results in a plate which is too flexible and which therefore does not adequately distribute the heel load over the entire area of the midsole.

A heel plate having a thickness of about 0.060 95 inches (1.5 mms) and a modulus of elasticity not) may also be exceeding about 10,000,000 psi (acceptable. Increasing the plate thickness above 0.060 inches (1.5 mms) for a plate having a modulus of elasticity of about 10,000,000 psi (35 impact. By more uniformly distributing the heel load 100 however, makes the heel plate too stiff, causing a discomforting concentration of pressure under the calcaneus. Increasing the modulus of elasticity above 10,000,000 psi () for a plate thickness of about 0.060 inches (1.5 mms) also makes the plate 105 too stiff.

For a modulus of elasticity of about 500,000 psi), the plate thickness may be as much as approximately 0.100 inches (2.5 mms). Increasing the plate thickness above 0.100 inches (2.5 mms) 45 hard, especially where the impact is great enough to 110 while reducing the modulus of elasticity is counterproductive because the total thickness of the midsole/heel plate unit (42, 44) becomes unacceptably thick and thereby places the wearer's heel too high above the ground.

Although the plate thickness can be increased to about 0.100 inches (2.5 mms) for a low modulus of), the preferred thickness about 500,000 psi (range extends from about 0.020 inches (0.5 mms) to about 0.080 inches (2 mms).

For the previously described heel plate 120 construction, the plate 44 has a preferred thickness of about 0.040 inches (1 mm) and a preferred modulus of elasticity of about 1.5 million psi ١.

From the foregoing description it will be appreciated that the plate 44 enables the thickness of the midsole 42 to be reduced significantly to reduce the height of the wearer's heel above the ground without causing discomfort, in contrast to 130 the raised, thickly cushioned heel of a conventional GB 2 173 987 A

tennis shoe, the heel support surface in the shoe of the present invention is considerably lower and is at least approximately on the same level as the forefoot support surface as described in greater 5 detail below.

The maximum, overall thickness of the rearfoot sole unit 14 extending from the bottom of the outsole 40 to the upwardly facing side of the midsole layer 46 is preferably equal to or closely 10 equal to the maximum, overall forefoot thickness extending from the bottom of the outsole 32 to the upwardly facing side of the board 25. The sockliner 28 and the heel pad 29 are highly compressible and thin when compressed so that they do not add to the 15 above-ground height of the wearer's forefoot and rearfoot to any significant extent.

The sockliner's forefoot and rearfoot support regions therefore lie in or at least approximately in a common plane which, in turn, extends parallel to or 20 at least approximately parallel to the ground surface on which the shoe is placed. By this construction it will be appreciated that the wearer's forefoot and rearfoot are placed at or approximately at a common level which is parallel or at least closely 25 parallel to the ground surface. The heel pad 29, when used, does not lift the wearer's heel above the forefoot to any noticeable or significant extent.

By keeping the wearer's rearfoot low to the ground along with the wearer's forefoot, the wearer 30 has more stability and balance. Furthermore, by reducing the thickness of the rearfoot sole unit 14 through the utilization of the plate 44, the loading exerted by the wearer is transferred or shifted forwardly. The lowness of the heel in the tennis to stay up on the balls of his feet in a preferred tennis-playing posture.

The reduction of the thickness of the sole unit 14 through the use of the stiffening plate 44 has the 40 additional, significant advantage of shortening the moment arm R (Figure 4) lying between the wearer's ankle joint and the point P (see Figure 4) at the rearward edge of the heel sole unit 14 by effectively moving the point P up towards the ankle. 45 Under conditions where the player steps out and strikes the court surface first at point P, he pivots about point P to slap his forefoot down on the court surface. By shortening the moment arm R, the forefoot slaps less hard than it would in the case of a 50 conventional shoe having a raised heel and hence a longer moment arm. Shortening the moment arm therefore reduces the shock due to slap-down of the forefoot. Reduction of the shock on the forefoot, in turn, permits the thickness of the forefoot midsole 55 34 to be reduced without causing discomfort. The low foot support surface in the shoe of the present invention also advantageously reduces the angle through which the wearer must lean in a forward direction to transfer his load to the ball of his foot 60 and to thereby lock up his midfoot in order to propel 125 the plate 44 are based on an upper midsole layer himself.

In one example of the tennis shoe described above, the overall thickness of the rearfoot midsole 42 and the plate 44 is preferably about 9/32 inches

46 and 47 is preferably about 1/8 inches (3.2 mms), and the thickness of the rearfoot outsole 40 is preferably about 1/8 inches (3.2 mms) so that the overall thickness of the rearfoot sole unit 14 is 70 relatively small and is of the order of 13/32 inches

(10.3 mms). At the forefoot region, the thickness of the midsole 34 is preferably about 1/8 inches (3.2) mms) and the thickness of the outsole 32 is preferably about 3/16 inches (4.8 mms). The

75 thicknesses of the insole board 25 and the toe plate 24 are relatively small so that the overall thickness of the composite of the insole board 25, the toe plate 24 and the sole unit 12 is also about 13/32 inches (10.3 mms). The sum of the compressed thickness of

80 the sockliner 28 and the heel pad 29 is less than 1/8 inches (3.2 mms) so that in the illustrated embodiment the height of the foot above the ground is less than about 17/32 inches (13.5 mms) and preferably does not exceed 5/8 inches (15.9) 85 mms).

From the foregoing description it will be appreciated that in order to place the wearer's heel close to the ground in accordance with a major aim of the present invention, the thickness of each of the 90 midsole layers 46 and 47 is required to be relatively small and is preferably about 1/8 inches (3.2 mms). Because of the small thickness of the upper midsole layer 46, it is important that the plate 44 be deflectable to an extent that enables the midsole/ plate unit (42, 44) to cup the wearer's heel so that the shoe feels comfortable.

The extent to which the plate 44 is deflectable under a given load depends not only on its stiffness, but also on the thickness of the upper midsole layer 35 shoe of this invention thus induces the tennis player 100 46. In this regard, decreasing the thickness of the midsole layer 46 increases the load concentration under the heel, which in turn increases the extent of deflection of the plate 44. Conversely, increasing the thickness of the midsole layer 46 decreases the load 105 concentration to decrease the extent of the heel plate deflection. If, for example, the thickness of the midsole layer 46 were increased to about 3/8 inches (9.6 mms) and the plate 44 were made relatively stiff (such as one having a thickness of about 0.060 110 inches (1.5 mms) or more and a modulus of elasticity of about 1,000,000 psi () or more, the plate 44 would not deflect to any significant extent

> the plate 44, it is evident that an upper midsole layer 115 thickness of about 3/8 inches (9.6 mms) makes the midsole/heel plate unit (42, 44) unacceptably thick because it places the heel too high above the ground. From the foregoing description it is clear that the

under a normal heel load. Aside from the effect on

120 stiffness range throughout which the plate 44 is deflectable to an acceptable extent depends on the thickness which is selected for the upper midsole layer 46. The upper limits of the ranges set forth above for the thickness and modulus of elasticity of thickness of about 1/8 inches (3.2 mms).

Because of the deflection of the plate 44 under the wearer's heel load, both of the midsole layers 46 and 47 will operate to cushion the wearer's heel in 65 (7.1 mms), the thickness of each of the midsole layer 130 the sense that they can be compressed to a greater

extent in the region underlying the wearer's calcaneus as shown in Figure 9.

Because of the soleless midfoot coupling construction between the sole units 12 and 14, the 5 two sole units are interconnected only through the upper's highly flexible midfoot region of the bottom 16 which is formed by the pliable bottom portions of the panels 17 and 18 and the pliable bottom 33 of the saddle. When the shoe is laced up, the saddle 31 10 provides a secure girth-like grip around the foot in the midfoot region and flexibly hugs the foot just in the midfoot region without constraining the natural motions of the different parts of the wearer's foot. Preferably the lacing lying forwardly of the saddle 15 31 in the forefoot region is looser than the lacing adjacent to the saddle's side portions 35 and 37 to avoid constraints on the forefoot. This may be accomplished with a dual lacing system.

From the foregoing description it also will be appreciated that the flexible coupling 15 removes the constraints which exist in conventional tennis shoes between the forefoot and rearfoot. The coupling 15 thus allows virtually unrestrained relative motion between the wearer's rearfoot or 25 heel and the forefoot so that the rearfoot and forefoot are free to act independently of each other in the manner that they do when the person is barefooted.

Because the thicknesses of the sole units 12 and 30 14 are very small, the soleless, flexible midfoot coupling 15 is also very low to the ground. This feature together with the lack of any longitudinal medial arch support in the shoe places the shoe's midfoot load-bearing region under the long outside 35 arch much lower to the ground as compared with conventional tennis shoes. This construction significantly reduces the chances of ankle sprain and enhances the wearer's stability and balance.

Instead of being flat-sided as shown, the plate 44 $\,$ 40 $\,$ may be contoured.

It will be appreciated that the construction of the left foot athlete shoe is the mirror image of the illustrated right foot shoe. It also will be appreciated that the plate 44 is springy in the sense that it will 45 return to its illustrated undeflected state when deflecting forces are removed.

CLAIMS

- A sports shoe in which the ground engaging
 surface is afforded by two or more outsole portions including a forefoot outsole and separate therefrom a rearfoot outsole.
- A shoe comprising a foot-receiving upper, separately formed forefoot and rearfoot sole units,
 the said upper having a flexible bottom underlying the wearer's foot and extending throughout the region underlying at least the wearer's midfoot and rearfoot to define a sliplasted upper construction in at least the wearer's midfoot and rearfoot regions,
 the said sole units being spaced apart from each other and being connected together only through the said upper.
- 3. A shoe for tennis or other court games comprising a foot-receiving, sliplasted upper and 65 separately formed first and second sole units, the

said upper having a flexible bottom underlying the wearer's foot, the said sole units being spaced apart from each other and being connected together only through the said upper, the sald first sole unit 70 underlying the forefoot of the wearer and terminating near the interface between the wearer's forefoot and midfoot, and the said second sole unit underlying just the wearer's rearfoot, the said flexible bottom having a portion underlying the 75 midfoot and extending between the said sole units to form an unsoled, flexible coupling flexibly interconnecting the said sole units, the said first sole unit comprising a first midsole attached to the said upper and a first outsole adhered to the said first 80 midsole, the said second sole unit comprising a second midsole adhered to the said flexible bottom and a second outsole adhered to said second midsole, each of said first and second midsoles being formed from a resilient, energy-absorbing, 85 foamed polymeric material, the thickness of said second sole unit under the calcaneus being at least

the athletic shoe.
4. A shoe as claimed in Claim 2 or Claim 3
or including a forefoot board underlying the wearer's forefoot, but not the wearer's midfoot and rearfoot, the said forefoot board overlying the said first sole unit and being sufficiently stiff to keep the forefoot

substantially uniform along the longitudinal axis of

support surface in the said upper at least 95 substantially flat across the width of the said upper.

A shoe as claimed in Claim 2, 3 or 4 in which the shoe thickness extending from the ground-engaging side of the said second outsole to the upwardly facing side of the said flexible bottom in the rearfoot region is at least approximately equal to the shoe thickness extending from the ground-engaging side of the said first outsole to the upwardly facing side of the said forefoot board.

6. A shoe as claimed in Claim 5 in which the said 105 flexible bottom has an opening underlying a region of the wearer's toes, there being a stiff toe plate disposed in the said opening under the said forefoot board for reinforcing the said board.

7. A shoe as claimed in Claim 6 in which the said 110 board overlies and is adhered to a forefoot portion of the said flexible bottom by a stiff layer of adhesive which provides additional reinforcement for the said board.

8. A shoe as claimed in any one of Claims 4 to 7 in
115 which the said board overlaps and is adhered to the said flexible bottom.

9. A shoe as claimed in any one of Claims 3 to 8 including means overlying the said sole units and terminating in an upwardly facing foot-engaging 120 surface in the said upper, the shoe thickness from the bottom of the said first sole to the said footengaging surface being approximately equal to the thickness from the bottom of the said second sole unit to the said foot-engaging surface such that the regions of the said foot-engaging surface

underlying the wearer's forefoot and rearfoot lie at least approximately at a common level that is at least approximately parallel to the ground surface.

10. A shoe as claimed in Claim 9 in which the said 130 foot-engaging surface is situated above the bottom surfaces of the said first and second outsoles by a distance not exceeding approximately 5/8 inches (15.9 mms).

11. A shoe as claimed in Claim 9 in which the said 5 foot-engaging surface is situated above the bottom surfaces of the said first and second outsoles by a distance that is less than approximately 17/32 inches (13.5 mms).

12. A shoe as claimed in any one of Claims 2 to 11 10 including a pliable sockliner disposed in the said upper, the said sockliner overlying and being adhered to the said board and to the said flexible bottom in the region lying rearwardly of the said board, the said sockliner lying at a level which 15 places the wearer's forefoot and rearfoot at least approximately at a common level which extends at

least approximately parallel to the ground surface. 13. A shoe as claimed in any one of Claims 2 to 12 in which the said upper includes pliable side wall 20 portions, a pliable bottom wall portion and a saddle exteriorly affixed to the said side and bottom wall portions, the said saddle extending along and underlying the said bottom wall portion only in the region underlying the wearer's midfoot to define a 25 layer of the said flexible bottom, and the said saddle further having side portions extending upwardly along the said side wall portions to cradle the wearer's foot.

14. A shoe as claimed in any one of Claims 2 to 13 30 in which the said second midsole is horizontally divided into upper and lower layers, and wherein a heel plate is disposed between and is adhered to opposing surfaces of the said upper and lower layers, the said plate extending throughout the 35 interface between the said upper and lower layers, the said plate being sufficiently stiff to more uniformly distribute the wearer's load on the said second midsole, but being flexible enough to be deflected by the said load to cup the wearer's heel.

15. A shoe as claimed in Claim 14 in which the thickness of the said plate is at least approximately 0.020 inches (0.5 mms), and wherein the said plate has a modulus of elasticity lying in a range extending from about 500,000 psi () to about), and wherein the thickness of 110 45 10,000,000 psi (

the said upper layer is approximately 1/8 inches (3.2 mms).

16. A shoe as claimed in Claim 5 in which the thickness of the said plate does not exceed about 50 0.060 inches (1.5 mms) for the maximum modulus of elasticity of about 10,000,000 psi (

17. A shoe as claimed in Claim 14 in which the said plate has a thickness of about 0.040 inches (1 mm) and a modulus of elasticity of about 1.5 million 55 psi(١.

18. A shoe as claimed in any one of Claims 13 to 17 in which the thickness of each of the said layers is about 1/8 inches (3.2 mms).

19. A shoe as claimed in Claim 18 in which the 60 thickness of the said first midsole is about 1/8 inches (3.2 mms).

20. A shoe as claimed in any one of Claims 14 to 19 in which the thicknesses of the said first layer, the said second layer and the said first midsole are 65 about equal.

21. A shoe as claimed in Claim 20 including means overlying the said sole units and terminating in an upwardly facing foot-engaging surface in the said upper, the regions of the said foot-engaging surface 70 underlying the wearer's forefoot and rearfoot lying at least approximately at a common level above the ground surface which extends at least approximately parallel to the ground.

22. An athletic shoe for tennis or other court 75 games comprising a foot-receiving upper, separately formed forefoot and rearfoot sole units, the said upper having a flexible bottom underlying the wearer's foot and extending throughout the region underlying at least the wearer's midfoot and 80 rearfoot to define a sliplasted upper construction in ---at least the wearer's midfoot and rearfoot regions, the said sole units being spaced apart from each other and being connected together only through the said upper, the said forefoot sole unit underlying just the forefoot of the wearer, the said rearfoot sole unit underlying just the wearer's rearfoot, the said flexible bottom having a portion underlying the midfoot and extending between the said sole units to form an unsoled, flexible coupling flexibly 90 interconnecting the said sole units to allow the wearer's forefoot and rearfoot to act independently of each other, the said forefoot sole unit comprising a first midsole attached to the said upper and a first outsole adhered to the said first midsole, the said 95 rearfoot sole unit comprising a second midsole adhered to the said flexible bottom and a second outsole adhered to the said second midsole, each of the said first and second midsoles being formed from a compressible, energy-absorbing, foamed 100 polymeric material, the said second midsole being horizontally divided into upper and lower layers, and means cooperating with the said second midsole for enabling the thickness of the said second midsole to be reduced without reducing the 105 energy which the said second midsole is capable of absorbing, the sald means comprising a heel plate forming a part of the said rearfoot sole unit and underlying just the wearer's rearfoot, the said plate being disposed between and adhered to opposing surfaces of the said upper and lower layers, the said plate extending throughout the interface between the said upper and lower layers, the said plate being sufficiently stiff to spread the wearer's heel load over the said second midsole, but being flexible enough to deflect under the influence of the said load to curved configuration, the thickness of the said forefoot sole unit being at least substantially uniform in the region underlying the wearer's forefoot, the thickness of the said rearfoot sole unit being at least substantially uniform in the region underlying the wearer's rearfoot, a forefoot board disposed in the said upper above the said forefoot sole unit and underlying a portion of the wearer's forefoot, but not the wearer's midfoot and rearfoot, the said board overlapping and being adhered to a portion of the said flexible bottom, the said board being sufficiently stiff to keep the forefoot support surface in the said upper flattened throughout the width of the said upper, and thin cushioning means

130 disposed in the said upper and having an upwardly

facing foot-engaging surface region, the said cushioning means overlying the said board and the portion of the said flexible bottom lying rearwardly of the said board, the thickness of the said hole

- 5 units, the said board, the said flexible bottom and the said cushioning means being such that the wearer's forefoot and rearfoot are supported at least approximately in a common plane which extends at least approximately parallel to the ground surface.
- 23. An athletic shoe for tennis and other court games comprising a foot-receiving upper and a sole unit underlying the wearer's heel, the said sole unit comprising a ground-engaging outsole and a midsole lying between the said upper and the said outsole and formed from a compressible, energy-absorbing, foamed polymeric material, the said midsole being divided into upper and lower layers, the said lower layer being adhered to the said outsole and the said upper layer being affixed to the
 said bottom portion, and means forming a part of the said sole unit for enabling the thickness of the said midsole to be reduced without correspondingly reducing energy which the said midsole is capable
- 25 plate disposed between and adhered to opposing surfaces of the said upper and lower layers, the said plate extending throughout the interface between the said layers and being sufficiently stiff to spread the wearer's heel load on the said upper layer, the said upper layer being sufficiently thin and the said plate being sufficiently flexible that the said plate

of absorbing, the said means comprising a heel

- plate being sufficiently flexible that the said plate will deflect in the region underlying the wearer's calcaneus under a heel load of at least about 375 lbs (170.5 Kgs).
- 35 24. A shoe as claimed in any one of Claims 3 to 23 in which the said polymeric material is ethylene vinyl acetate and has closed gas filled cells.
- 25. A shoe as claimed in any one of Claims 3 to 24 in which the thickness of the said sole unit under the 40 wearer's calcaneus is at least substantially uniform.
 - 26. A shoe as claimed in any one of Claims 3 to 25 in which the thickness of each of the said layers is at 105 least substantially uniform in the region underlying the wearer's calcaneus.
- 45 27. A shoe as claimed in Claim 26 in which the thickness of the said upper layer under the wearer's calcaneus is about 1/8 inches (3.2 mms).
- 28. A shoe as claimed in Claim 27 in which the thickness of the said lower layer under the wearer's 50 calcaneus is about 1/8 inches (3.2 mms).
- 29. A shoe as claimed in Claim 27 or Claim 28 in which the thickness of the said plate is at least approximately 0.020 inches (0.5 mms) and has a modulus of elasticity in a range extending from 55 about 500,000 psi () to about 10,000,000 psi
- (), in which the thickness of the said plate does not exceed approximately 0.060 inches (1.5 mms) and in which the modulus of elasticity is about 10.000.000 psi ().
- 30. A shoe as claimed in any one of Claims 23 to 29 in which the said plate has a thickness of about 0.040 inches (1 mm) and a modulus of elasticity of about 1.5 million psi ().

31. A shoe as claimed in Claim 1 substantially as 65 specifically described herein with reference to the accompanying drawings.

Amendments to the claims have been filed, and have the following effect:—

- (a) Claims 1—22, 31 above have been deleted, (c) Claims 23—30 above have been re-numbered as 1—8 and their appendancies corrected.
- 1. An athletic shoe for tennis and other court 75 games comprising a foot-receiving upper and a sole unit underlying the wearer's heel, the said sole unit comprising a ground-engaging outsole and a midsole lying between the said upper and the said outsole and formed from a compressible, energy-80 absorbing, foamed polymeric material, the said midsole being divided into upper and lower layers, the said lower layer being adhered to the said outsole and the said upper layer being affixed to the said bottom portion, and means forming a part of the said sole unit for enabling the thickness of the said midsole to be reduced without correspondingly reducing energy which the said midsole is capable of absorbing, the said means comprising a heel plate extending throughout the interface between 90 the said layers and being sufficiently stiff to spread the wearer's heel load on the said upper layer, the said upper layer being sufficiently thin and the said plate being sufficiently flexible that the said plate will deflect in the region underlying the wearer's calcaneous under a heel load of at least about 375 lbs (170.5 Kgs).
 - A shoe as claimed in Claim 1 in which the said polymeric material is ethylene vinyl acetate and has closed gas filled cells.
 - A shoe as claimed in Claim 1 or Claim 2 in which the thickness of the said sole unit under the wearer's calcaneus is at least substantially uniform.
 - 4. A shoe as claimed in any one of Claims 1 to 3 in which the thickness of each of the said layers is at least substantially uniform in the region underlying the wearer's calcaneus.
 - 5. A shoe as claimed in Claim 4 in which the thickness of the said upper layer under the wearer's calcaneus is about 1/8 inches (3.2 mms).
 - 6. A shoe as claimed in Claim 5 in which the thickness of the said lower layer under the wearer's calcaneus is about 1/8 inches (3.2 mms).
- 7. A shoe as claimed in Claim 5 or Claim 6 in which the thickness of the said plate is at least 0.020 inches (0.5 mms) and has a modulus of elasticity in a range extending from 500,000 psi (3.45 × 10⁹ Pascals) to 10,000,000 psi (6.90 × 10¹¹ Pascals), in which the thickness of the said plate does not exceed 0.060 inches (1.5 mms) and in which the modulus of elasticity is about 10,000,000 psi (6.90 × 10¹¹ Pascals).
- 8. A shoe as claimed in any one of Claims 1 to 7 in which the said plate has a thickness of about 0.040 inches (1 mm) and a modulus of elasticity of about 125
 1.5 million psi (1.03 × 10¹² Pascals).

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